

# Building Structures in Improvisation

## Destroying Structures to Improvise

Tools to find sense and dramaturgy inside of improvisations, as well as tools to find freedom to improvise inside of fixed structures and choreographies.

By Jakob Lohmann

Be it dance, theatre, circus or other forms of performance and expression, improvisation is a great tool to find and discover new material. Improvisation can offer a lot more than being a tool to find material though.

With this work, the focus is to create a performer that is 'present' and 'awake', making his decisions in the moment; no matter if they are already written or not. To be alive on stage, we can not know what move will happen next. We must be in the 'now' to be with the audience.

Workshoptopics:

- Giving sense/meaning to what you do
- Connection of body and voice
- Connection of body and emotion
- Dramaturgy in improvisation
- Improvisation inside of fixed structures

Jakob Lohmann is an interdisciplinary artist, mixing the fields of circus, dance, and theatre. Improvisation is an essential part in his work both on stage and in the rehearsal studio.